

# March



## It's time for Gardening!

Each school will start a garden this month! Gardens will be started in the classrooms then transplanted outside when the weather warms up a little bit more. If you would like to learn more about Seed Savers please go on-line to [www.seedsavers.com](http://www.seedsavers.com). We are purchasing through seed savers because they are organic heirloom seeds. You can pick up an order form at your school and see the seeds available for purchase. Please make orders no later than Friday March 19th. Look for the plants starting to grow in your child's classroom at the end of this month!

### Dates to remember:

Yoga Sprouts at Woodstock	3/1
Yoga Sprouts at Gateway	3/8
Yoga Sprouts at Broadway	3/15
Last day to order seeds!	3/12
St. Patrick's Day Party!	3/17
CMLC Recipe book! Bring in your recipes from home by	3/26

### Happy Birthday!



**Broadway:** Miles 3.4, Paige 3.15, Aniya 3.22, Lucas 3.30

**Gateway:** Sophia R 3.1, Solomon 3.6, Vivian 3.9, Flannery 3.18, Gabriel 3.28

**Westmoreland:** T. Michelle & Colin 3.08, Austin 3.15, Charlie 3.26, Reed 3.28, T. Kim & Claire 3.29

**Woodstock:** T. Stephanie 3.2, Tilly & Matilda 3.10, Collin 3.11, Kai & Da'Liese 3.12, Henry C. 3.16, Lukas 3.22, Elias 3.30, Henry H. 3.31

## Yoga Sprouts!

Yoga sprouts will be at each school this March!

Yoga is a great way to relieve tension and tune in to the world around you. Children respond very well to yoga and enjoy the benefits of stretching.

Yoga Sprouts will be offered at each school for ages preschool and pre-k once a week. The price is \$40/month and your school will hold a free dance day at the beginning of March.

If you are interested in signing your child up for Yoga Sprouts please see your Director or come to the free dance day!



Go Green Fundraiser! [www.gogreenfundraising.com](http://www.gogreenfundraising.com)

Creative Minds will be starting a fundraiser for each school's garden starting on March 1st. You will receive information regarding the fundraiser on the 1st but check out the website for all the great items such as cherry tomato starts, reusable grocery bags, and organic snack mixes!

## St. Patrick's Day Party on 3/17!

Each school will be having a St. Patrick's day party on Wednesday 3/17 at 9:30am! We will have a leprechaun scavenger hunt outside at each school, weather permitting. Following the scavenger hunt there will be fun snacks and games. We would love it if families would like to join us for the festivities! Be sure to wear your green that day!



## CMLC Community Recipe Book!

We will be putting together a school recipe book! Please send your favorite healthy recipe in with your child...it can be for meals, snacks or sweets, just something for all families. Turn in your recipe by **Friday, March 26th** and your child will draw a picture of the recipe in class. We will then put the book together and send it home for everyone to enjoy! We look forward to seeing your favorite foods!

## March Events in Portland:

- Sunday March 7th: \$2 Admission into OMSI
- Family Day at the Portland Art Museum, kids get in free!
- Second Saturday at Belmont Firehouse 3/13 at 10am
- 34th Annual Peter Rabbit Breakfast & Carnival 3/20, West Linn High School



## Walking trips have started at all schools!

We have started walking trips at all schools (except Gateway due to its big backyard!) and they have been a success! If you have not signed a walking trip agreement for your child, please see your Director.